

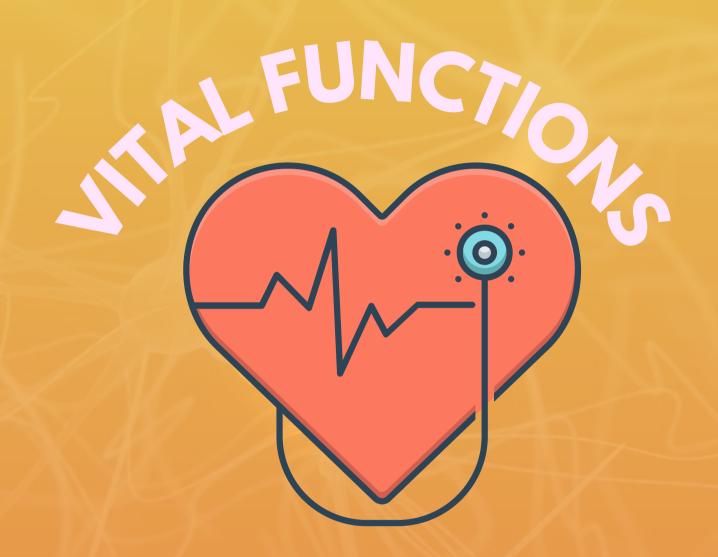


Alcohol can impair your ability to think clearly and lead to poor decisions.

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Alcohol can chill the body, slow our breathing, and lower our heart rate.

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NEUROLOGICAL ALLIANC



Alcohol can negatively affect emotions, behaviours, decisions and can lead to anxiety/depression.

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Alcohol can cause difficulties with new learning and memory.

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Alcohol can lead to problems with attachment, fatigue, sleep and circadian rhythms.

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EUROLOGICAL ALLIAN

Alcohol can affect co-ordination and balance, slow reflexes, and cause shakes and tremors

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