

Findings from the My Neuro Survey Project: Employment

Neurological Conditions can impact a person's daily life, particularly in the context of work and employment. Almost half (43%) of respondents reported having stopped working due to their neurological condition, with others reporting having difficulties at work.



Amongst those respondents who stopped working due to their neurological condition, they were most impacted by fatigue, sleep difficulties and thinking and memory difficulties. Only a quarter of those with sleep difficulties and/or thinking and memory difficulties remained in work.

1 in 5 respondents reported leaving their job because of their employer's actions or inactions with over 27% of respondents reporting having experienced discrimination at work due to their neurological condition(s).



Over half (59%) of the carers of those with neurological condition(s) reported reducing their work hours or leaving their jobs entirely due to the responsibilities of caregiving. Working full-time was reported by 53% of carers as a significant barrier to providing care.

Both those with a neurological condition and carers reported that reducing work hours or stopping work placed considerable financial pressure on them with 1 in 5 reporting that it significantly affected their ability to manage financially.

