



# Promotional Resource Pack



## Overview

FutureNeuro, the Research Ireland Centre for Translational Brain Science, leads My Moving Brain—a community-driven engagement series funded by the Research Ireland Discover Programme. The initiative promotes brain health and supports inclusivity in sport for people of all ages living with brain conditions across Ireland.

Through local Community Connect events, we create opportunities for open conversations on brain health and wellness while exploring the barriers that can prevent full participation in sport.

By bringing together individuals, families, caregivers, sports clubs, coaches, teachers, advocacy groups, clinicians, researchers, and the wider public, we identify challenges and co-develop strategies to support greater participation in physical activity.

Delivered in partnership with Local Sports Partnerships, Epilepsy Ireland, and the Neurological Alliance of Ireland (NAI), My Moving Brain is working to make sporting communities more accessible and inclusive.

## Join Our Community Connect Event

**Are you living with a brain condition, supporting someone who is, or simply passionate about brain health and inclusive sport?**

Whether you're a coach, teacher, volunteer, patient advocate, researcher, or just curious to learn more, My Moving Brain events are designed for you.

### What's on the programme?

#### Inspiring Talks

Hear from experts and people with lived experience as they share stories of navigating sport and exercise with a brain condition—from breaking barriers in everyday life to competing internationally.

#### Engaging Discussions

Join conversations on how to make sport more accessible, share your own experiences, and help shape ideas for inclusive communities.

#### Hands-On Activities

- Try a variety of fun, accessible activities for all ages and abilities, led by Galway Sports Partnership.
- Explore brain science and FutureNeuro's research with interactive experiments—DNA extractions, pipetting rainbows, and brainwave demos.

### Event Details:

- Date: Saturday, November 1st, 2025
- Time: 1:30 PM – 4:30 PM
- Venue: The O'Donoghue Centre, University of Galway
- Register: <https://www.eventbrite.ie/e/1754128227749?aff=oddttdtcreator>


# Social Media Posts

## **X/Twitter**

 Save the Date! #MyMovingBrain comes to University of Galway on Nov 1.

Join FutureNeuro for an afternoon of inclusive sport, hands-on science & talks on brain health and breaking barriers in sport. Register now:  
<https://www.eventbrite.ie/e/1754128227749?aff=oddttdtcreator>

## **Facebook**

 Save the Date!

FutureNeuro's next My Moving Brain event is happening at the University of Galway on Saturday, November 1st!

What to Expect:


- ✨ Inspiring talks on brain health and sports inclusion
- ✨ Fun, hands-on science activities
- ✨ Inclusive sports for all ages and abilities

Join for a day of learning, movement, and community—everyone is welcome!

➡ Register now: <https://www.eventbrite.ie/e/1754128227749?aff=oddttdtcreator>

#MyMovingBrain #BrainHealth #SportsForAll #Inclusion #FutureNeuro  
#CommunityEvent

## **LinkedIn**

 Save the Date!

The next FutureNeuro My Moving Brain event is coming to the University of Galway on November 1st!

This afternoon will bring together families, sports coaches, researchers, and individuals affected by brain conditions to spark meaningful conversations about brain health and inclusion in sport.

What to Expect:

- Hear from experts and athletes on brain health and breaking barriers in sports
- Explore hands-on activities showcasing the latest in brain research
- Try inclusive sports activities suitable for all ages and abilities

Whether you're a coach, researcher, or simply passionate about brain health and inclusion, this is a great opportunity to learn, share, and connect.

➡ Register now: <https://www.eventbrite.ie/e/1754128227749?aff=oddttdtcreator>

#MyMovingBrain #FutureNeuro #BrainHealth #SportsForAll #CommunityEngagement

## Social Media Tags

Please tag us in your posts:

- X: @Futureneuro\_ie
- Facebook: @FutureNeuro
- LinkedIn: @FutureNeuro
- Bluesky: @futureneuro.bsky.social

## Social Media Tile



# COMMUNITY CONNECT EVENT



## PROMOTING BRAIN HEALTH & WELLNESS THROUGH INCLUSIVE SPORT



### DETAILS



1 November  
2025



1:30 - 4:30pm



University of  
Galway

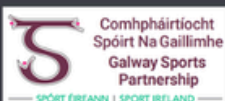
### HIGHLIGHTS



Hear from inspirational speakers, including Irish Paralympian, Dr Michael McKillop.



Try fun sports activities for all ages & abilities & meet the FutureNeuro scientists.



## Newsletter copy

### Join FutureNeuro's My Moving Brain: Promoting Brain Health & Inclusivity in Sport

FutureNeuro, the Research Ireland Centre for Translational Brain Science, is hosting its next My Moving Brain community connect event on Saturday, 1st November 2025, at the O'Donoghue Centre, University of Galway.

This community-driven afternoon is designed to raise awareness of brain health and promote inclusivity in sport. Open to sports coaches, healthcare professionals, families, and individuals affected by brain conditions, the event will feature:

- Expert talks and inspiring stories
- Lively discussions on accessible sport and brain wellness
- Hands-on activities suitable for all ages and abilities

Don't miss this opportunity to learn, connect, and help create more inclusive sporting opportunities for everyone.

To find out more and register, scan the QR code below or visit <https://www.eventbrite.ie/e/1754128227749?aff=oddtcreator>



Please contact [lyndseybutterworth@rcsi.ie](mailto:lyndseybutterworth@rcsi.ie) if you require any additional information..