

ANNUAL REPORT 2025



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MESSAGE FROM THE CHAIRPERSON AND CEO

2025 was a year of significant progress for the Neurological Alliance of Ireland as we continued to deliver on the ambitions of our 2023–2027 Strategic Plan and further consolidate NAI's role as the recognised, credible and impactful national umbrella organisation representing almost 40 neurological charities across Ireland.

A key ambition of our Strategic Plan was realised in February 2025 with the inclusion of clear commitments to neurology and neurorehabilitation in the Programme for Government. This represented an important milestone for NAI and our members and, together with the establishment of an Oireachtas Cross Party Group on Neurological Conditions, reflects the strength of our collective advocacy and the growing recognition of the need to improve services for people living with neurological conditions.

Throughout the year, we continued to build on this progress through focused and evidence-informed advocacy. Our My Neuro Rehab Team campaign was a particularly important example of the impact that can be achieved when the voices of people with lived experience, member organisations and NAI come together around a shared objective. The campaign contributed to securing a €3 million investment in community neurorehabilitation services, an important step towards ensuring that people with a wide range of neurological conditions can access the specialist rehabilitation and

multidisciplinary support they need. This achievement reflects the distinctive role of NAI in supporting and strengthening the collective voice of our members and the people they represent.

We know that a strong neurological agenda must be underpinned by a robust evidence base and supported by effective policy development and implementation. In 2025, NAI continued to strengthen this foundation. We created opportunities for representation and engagement in the implementation of the National Neurorehabilitation Strategy, progressed specific policy initiatives to improve understanding of need, and advanced the rollout of the Neurology Insights Project to build a clear picture of neurology resourcing and unmet need across the country. Lived experience of people affected by neurological conditions is at the core of this work and continues to be integral to everything we do as an organisation.

Alongside our external impact, the NAI Board maintained a strong focus on good governance, organisational sustainability and effective mechanisms for member and stakeholder engagement. As the national neurological umbrella, we recognise our responsibility to lead by example and to ensure that NAI remains well positioned to support our members, ensure our continued relevance and impact and deliver on our strategic objectives.

Looking ahead, 2026 will bring an important opportunity as Ireland holds the Presidency of the Council of the European Union. The foundational work undertaken in 2025 has helped build partnerships and establish plans for active collaboration and engagement, with the ambition of ensuring that neurological conditions have a strong, sustained profile throughout the lead up to and during the Presidency in 2026.

We extend our sincere thanks to our member organisations, people with lived experience, Board members, staff, partners, funders, healthcare professionals, policymakers and all those who contributed to NAI's work during 2025. Our progress is a collective achievement, and it is through this shared commitment that we can continue to influence change and improve the lives of people living with neurological conditions across Ireland.



Pascal Derrien, Outgoing Chair of NAI



Mags Rogers, CEO of NAI

ABOUT THE NEUROLOGICAL ALLIANCE OF IRELAND

The Neurological Alliance of Ireland is the voice of the neurological community in Ireland. We are a membership organisation, providing a platform for nearly 40 Irish charities who provide services and supports for the 860,000 people throughout Ireland who are living with a neurological condition, and their families.

Our purpose is to collectively advocate for the shared and common issues and concerns of our members and, while we do that, to have people experiencing neurological conditions, and their families, achieve their best in life.

Working closely with our members and other stakeholders, NAI acts as a strong platform to drive the development and implementation of policy and best practice to meet the needs of people with neurological conditions and their families throughout Ireland.

We provide an effective network for our members to interface with, and influence key stakeholders including policy makers and public representatives. We act as a specialist hub to inform and influence health policy as it applies to people with neurological conditions and communicate this to our members.

We maintain a very active and responsive communications platform across our websites and social media, as well as internally through our monthly e-newsletters.

We also work through partnership with other umbrella organisations, both within Ireland and at European level, to promote greater awareness and support for people living with neurological conditions.



NAI Membership Survey RESULTS

1

- 100% reported NAI membership as excellent or good value for money

2

- 73% were very satisfied with their membership of NAI

3

- 73% rated NAI as a very effective advocacy organisation

4

- 60% were very proud of their membership of NAI

5

- Advocacy Priorities for 2026: 73% responded in line with the commitments secured in the Programme for Government

NAI VISION AND VALUES

NAI VISION

Our vision is an Ireland where people experiencing neurological conditions can achieve their best in life

NAI MISSION

Our mission is to be the Alliance that collectively advocates with and for all people experiencing neurological conditions

NAI GOALS

Our organisational goals are outlined in our five-year Strategic Plan 2023-2027 launched in August 2023

OUR STRATEGIC GOALS

1. Advocacy & Communications

- Stakeholder engagement to explore a common advocacy platform ahead of the General Election
- Develop a platform and design campaign for General Election
- Have NAI asks included in new Programme for Government
- Ensure communications activity is strategic and focused on supporting NAI's advocacy asks, including Brain Awareness Week

2. Members: Engagement & Developing the Network

- Engage with members around their needs in relation to advocacy and how these get reflected in the work of NAI
- Organise annual information sharing and structured networking event for NAI members
- Continue active engagement with members on specific advocacy/campaign initiatives
- Continue monthly e-newsletters. Ensure all members are signed up to monthly e-newsletters and conduct a feedback survey

3. Organisational Development: Governance, Risk & Sustainability

- Devise long term financial sustainability plan
- Diversify funding, including through partnership models
- Plan to mitigate top five risks
- Engage in Board succession planning
- Engage in Staff succession planning

NAI MEMBER ORGANISATIONS

Acquired Brain injury Ireland

Alzheimer Society of Ireland

An Saol

Aphasia Ireland

Ataxia Foundation Ireland

Bloomfield Health Services

Brain Tumour Ireland

Cheshire Ireland

Chronic Pain Ireland

Crann Centre

Croí

Dublin Neurological Institute

Dystonia Ireland

Enable Ireland

Early Onset Parkinson's
Disease Association (EOPD)

Epilepsy Ireland

FND Ireland

Headway

Huntington's Disease
Association of Ireland

Irish Heart Foundation

Irish Hospice Foundation

Irish Motor Neurone
Disease Association

Migraine Association
of Ireland

Move4Parkinsons

Multiple Sclerosis Society
of Ireland

Muscular Dystrophy Ireland

Neurofibromatosis Association
of Ireland

Neurology Support Centre

North West MS
Therapy Centre

Parkinson's Ireland

Peamount Healthcare

Polio Survivors Ireland

PSPA Ireland

Spinal Injuries Ireland

Spina Bifida Hydrocephalus
Ireland

The Rehab Group

Vision Ireland

2025 IN NUMBERS

73%

The percentage of NAI members who Rated NAI as a Very Effective Advocacy Organisation

€3m

investment in Community Neurorehabilitation Teams in Response to the 2025 My Neuro Rehab Team campaign

6

Regional Campaign Events

120

Parliamentary Questions & Dail Mentions

130

Media Coverage Items

6

NAI Member Newsletters

8

Regional Focus Groups for Neurology Insights Project

76

Elected Representatives in Attendance Across NAI Events Bimonthly Members Briefing Meetings, Information Webinars & Networking opportunities

SECTION 1: DELIVERY ON STRATEGIC GOALS

STRATEGIC GOAL 1: ADVOCACY AND COMMUNICATIONS

A major objective of the Neurological Alliance of Ireland's 2023–2027 Strategic Plan was realised in 2025 with the inclusion of commitments on neurological care in the Programme for Government published in February 2025. This represented a significant milestone for the neurological community and reflected many years of sustained advocacy by NAI and our member organisations. Crucially, these commitments provide a clear policy framework and renewed impetus for the Alliance's advocacy programme over the coming years, creating an important opportunity to translate national commitments into tangible improvements in services and outcomes for people living with neurological conditions.

The publication of the new Programme for Government, together with the election of a new Government and Oireachtas, resulted in significant demands on the advocacy programme throughout 2025. Building relationships with newly elected public representatives and ensuring they understood the needs of the neurological community became a key priority. To support this engagement, NAI developed and shared a comprehensive briefing on the Programme for Government commitments during National Brain Awareness Week 2025, outlining the practical actions required to deliver on these commitments.

A central focus of our advocacy during the year remained the promotion of regional equity in access to services. This was reflected in the launch of My Neuro Rehab Team, a national campaign calling for investment in community neurorehabilitation teams across every region of the country. The campaign achieved a significant outcome, with €3 million allocated to community neurorehabilitation teams in Budget 2026, announced in October 2025. This investment builds on the success of previous NAI advocacy campaigns, which have secured significant investment in neurology and neurorehabilitation services over recent years and demonstrates the value of sustained, evidence-informed advocacy.

These achievements are the outcome of a genuine partnership between NAI's member organisations, local lived experience advocates and our staff team. In 2025 we were privileged to have a sustained programme of lived experience engagement throughout the year, with the My Neuro Rehab Team campaign quickly followed by the launch of the Neurology Insights Project. In addition to delivering successful outcomes in terms of investment in services, this partnership is providing vital insights about effective lived experience partnership which we continue to bring to all aspects of our work.

Effective advocacy is also dependent on a strong and credible evidence base. Robust data, high-quality research and up-to-date information are essential to demonstrating need, measuring impact and informing policy development. Accordingly, a key priority for the NAI advocacy programme in 2025, and for the years ahead, will be to commission and deliver comprehensive research and information gathering that strengthens the evidence underpinning our advocacy and supports the implementation of national commitments to neurological care.

ENGAGING WITH THE 34TH DAIL AND KEY MINISTERS

AV Room Presentation 5th March 2025

On March 5th, to coincide with National Brain Awareness Week, NAI delivered a presentation in the AV room Leinster House addressing an audience of over 50 elected representatives to highlight the commitments to the National Neurorehabilitation Strategy within the newly published Programme for Government and calling for a priority focus on implementation by the new Government.



na! NEUROLOGICAL ALLIANCE OF IRELAND

DELIVER PROMISED COMMUNITY NEUROREHABILITATION TEAMS

There are no community neurorehabilitation teams in the Midlands, the South East and North Dublin. The North West team has only a quarter of the funding needed. Funding was promised but has not been delivered.

Find Out More & Support Our Campaign



Follow #MYNEUROREHABTEAM and join the conversation



Erin McGreehan TD Hosting the Neurological Alliance of Ireland in the AV room March 5th 2025

"One in six people in this country are living with a neurological condition and each and every one of us knows someone who is impacted by one or more of these conditions. The current Programme for Government recognises the scale of this challenge and includes a clear commitment to the development of services for this growing group within Irish society. I want to pay tribute to the work of the Neurological Alliance of Ireland in consistently raising the profile and understanding of neurological conditions to all of us as members of the Oireachtas."



Meetings with Newly Elected Ministers for Health and Disability

NAI representatives met with newly appointed **Minister for Health Jennifer Carroll MacNeill** and **Minister for Disability Hildegard Naughton** to highlight the issues faced by people with neurological conditions and their families in accessing neurology and neurorehabilitation services, particularly in regional areas.



Launch of My Neuro Rehab Team Campaign

Having secured a commitment in the new Programme for Government to complete the rollout of community neuro-rehabilitation teams, NAI launched its **My Neuro Rehab Team** campaign in March 2025 to coincide with National Brain Awareness Week. A series of regional meetings were held from March to June involving our campaign spokespersons, NAI member organisations and with engagement from local elected representatives.

#MYNEUROREHABTEAM Campaign Spokespeople



Eamon McPartlin
North West



Eugene Hancock
North Dublin



Bernadette Myler Driscoll
South East



Liam Lynch
Midlands



April 14th Dublin North East



May 12th North West



May 26th Midlands



June 16th South East



NATIONAL BRAIN AWARENESS WEEK 2025

Brain Awareness Week: March 10th to 16th 2025

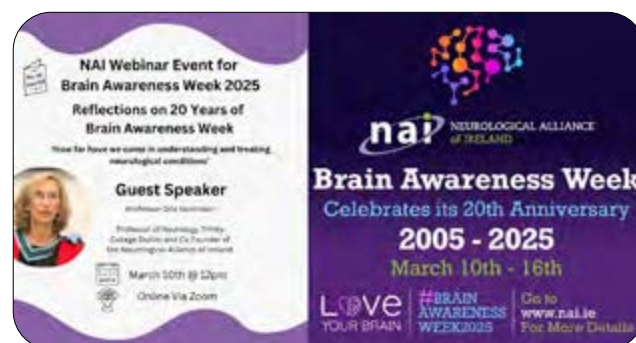
2025 marked the 20th anniversary of Brain Awareness Week in Ireland, a significant milestone in two decades of championing brain health, increasing public understanding of neurological conditions, and advocating for better services, research and prevention. Since 2005, the Neurological Alliance of Ireland (NAI) has proudly led and coordinated Brain Awareness Week across Ireland, growing it into a nationwide initiative that brings together people living with neurological conditions, families and carers, healthcare professionals, researchers, policymakers and the wider public.



Today, more than 860,000 people in Ireland are living with a neurological condition. As the national umbrella organisation representing over 40 neurological charities and patient organisations, NAI continues to ensure that their voices are heard and that brain health remains a national priority.

Brain Awareness Week 2025 delivered an impactful programme, with outstanding levels of participation, visibility and public engagement. The week officially launched on 10 March with NAI's webinar: "Reflections on 20 Years of Brain Awareness Week: How Far Have We Come in Understanding and Treating Neurological Conditions", with guest speaker, Professor Orla Hardiman. The webinar reflected on two decades of progress while highlighting the challenges and opportunities that lie ahead.

50 Oireachtas Members attended NAI's Brain Awareness Week event in Leinster House, demonstrating growing cross-party recognition of the importance of brain health and neurological care.



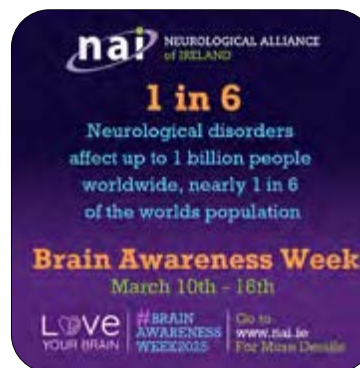
Brain Awareness Week continues to expand its reach across Ireland.

2025 SAW



- In 2025, the campaign welcomed 20 new organisations, expanding its network of supporters and strengthening its reach
- The Brain Awareness Week 2025 Toolkit was released in advance of the campaign, providing an extensive suite of downloadable resources, promotional materials and digital assets that enabled organisations and supporters nationwide to deliver a unified, high-impact campaign across websites and social media
- NAI was delighted to receive the support of Irish Members of the European Parliament and members of the European Parliament Interest Group on Brain Health, who recorded and shared video messages championing Brain Awareness Week and highlighting the importance of improving brain health across Europe
- 40+ media stories were secured across print, broadcast and online platforms
- NAI's social media reach increased by 40% compared with 2024, engaging thousands more people with key messages on brain health and neurological conditions

The success of Brain Awareness Week 2025 reflects the power of collaboration, advocacy and shared purpose. Together with our member organisations, patient advocates, family members, hospitals, schools & universities, partners, and supporters, the Neurological Alliance of Ireland continues to build a future where every person affected by a neurological condition can live well with the care, support and opportunities they need.



The "I Support Brain Awareness Week" video series attracted more than 4,000 views, amplifying the voices of supporters and reinforcing the importance of greater awareness, investment and action.



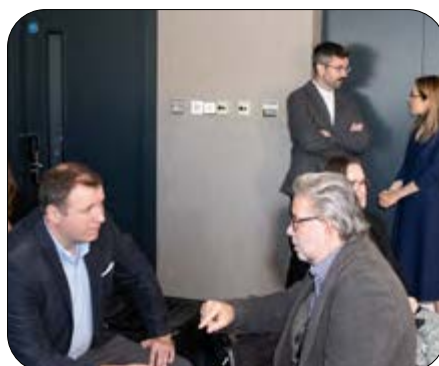
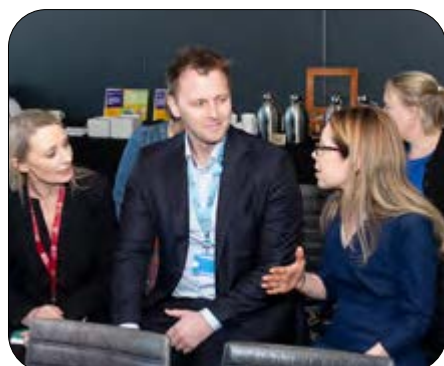
WORLD BRAIN DAY 2025 NEUROREHABILITATION EVENT PEAMOUNT HEALTHCARE

On World Brain Day July 22nd, we joined with NAI members Peamount Healthcare in hosting an event in Peamount Healthcare in line with the 2025 theme for World Brain Day: Invest in Neurorehabilitation. The event was opened by Emer Higgins TD who was subsequently appointed Minister of State for Disability in November 2025.



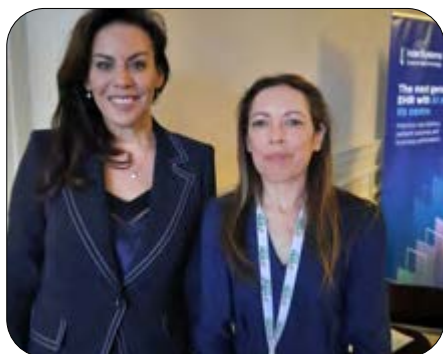
CORK MEETING ON NEUROREHABILITATION SERVICES

On September 22nd, NAI hosted a meeting in Cork city to highlight the critical lack of inpatient neurorehabilitation beds in the South West Region.



NATIONAL REHABILITATION HOSPITAL CONFERENCE ON SPECIALIST REHABILITATION SERVICES FOR IRELAND: CONNECT, REFLECT, ACT. December 2025

NAI CEO Mags Rogers took part in a panel discussion on the vital role of support services in successful community reintegration together with representatives from NAI members Peamount Healthcare, Headway, Acquired Brain Injury Ireland and Spinal Injuries Ireland.



COMMUNITY NEUROREHABILITATION TEAM LAUNCHED IN THE SOUTH WEST

In December 2025, NAI attended the launch of the South West community neuro-rehabilitation team in Tralee Co. Kerry.



ESTABLISHMENT OF CROSS PARTY OIREACHTAS GROUP ON NEUROLOGICAL CONDITIONS

In December 2025 a significant goal of the NAI advocacy programme was delivered with the establishment of a Cross Party Oireachtas Group on Neurological Conditions chaired by Deputy Colm Burke TD.



COMMENCEMENT OF NEUROLOGY INSIGHTS PROJECT

In Autumn 2025, NAI launched the Neurology Insights Project: a national research project aiming to provide a comprehensive insight into neurology service provision and resourcing. The project will involve a national survey across all ten neurology centres, eight regional focus groups with people with lived experience and an in-depth clinical interview series to gain clinical insights from individual neurological conditions to inform service design and delivery. The project commenced in July 2025 and is due to complete in Q 2 2026 with the launch of a report on the key findings.

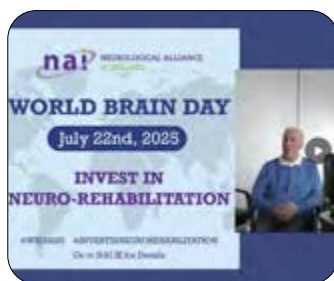
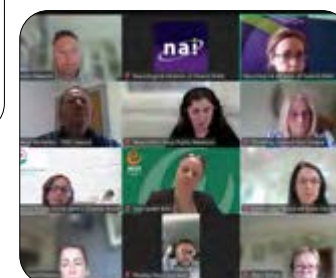
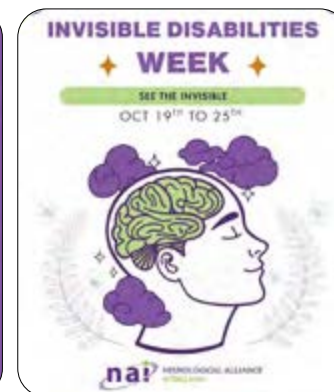
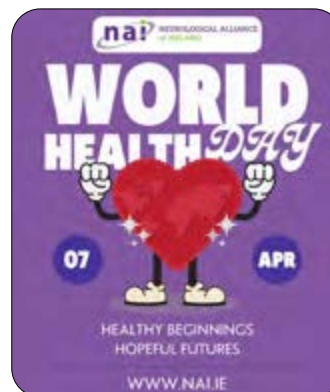
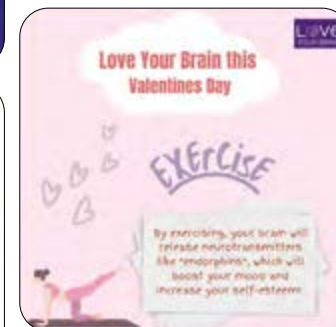
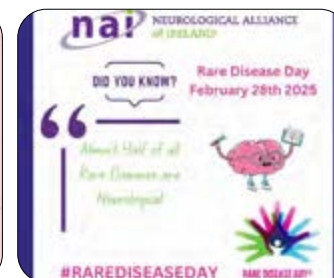
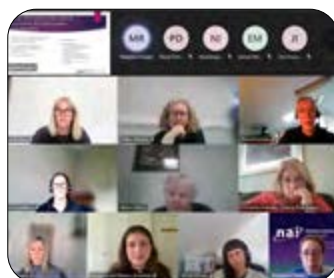
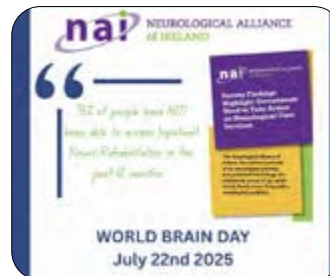
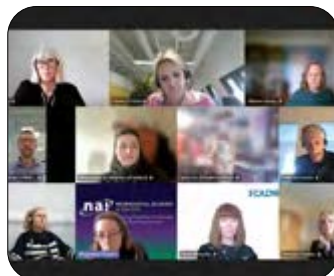
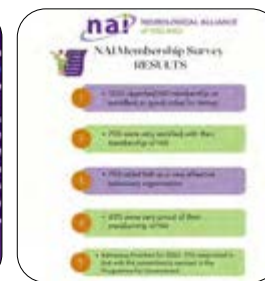


COMMUNICATIONS 2025

Throughout the year, NAI delivered a sustained communications programme across digital media to raise awareness of neurological conditions, advocate for improved services and support, and promote the work of our member organisations.

Our social media continue to play a vital role in extending the reach of our messages, enabling us to engage with people living with neurological conditions, healthcare professionals, policymakers, member organisations and the wider public. Through a combination of awareness campaigns, advocacy messaging, event promotion, member stories and educational content, our social platforms help to amplify the voice of the neurological community and encourage meaningful public engagement.

2025 experienced continued growth across all of our social media platforms. Facebook, Instagram, X and YouTube all recorded increases in followers, reflecting growing engagement with our content and an expanding online community. This growth demonstrates the increasing reach of our communications and our ability to connect with wider audiences. Together, our website and social media channels ensure that reliable information is readily accessible while strengthening awareness of our work. Social media also provides an effective and timely platform for promoting key campaigns such as National Brain Awareness Week, sharing new research and policy developments, highlighting the work of our 40 member organisations.



SECTION 1: DELIVERY ON STRATEGIC GOALS

STRATEGIC GOAL 2: MEMBERS: ENGAGEMENT AND DEVELOPING THE NETWORK

NAI represents a growing network of voluntary organisations and was established to provide a collective voice for the neurological community, united by a shared vision of an Ireland where everyone living with a neurological condition can achieve their best possible quality of life.

Central to NAI's role is creating opportunities for members to come together in meaningful and visible ways to strengthen collective advocacy, inform policy development, and share expertise. National Brain Awareness Week continues to be a flagship initiative, providing an important platform each year for advocacy, public awareness, and collaboration across the neurological community. In 2025, Brain Awareness Week delivered the most extensive programme of engagement to date with a series of initiatives to mark 20 years of the initiative in Ireland.

The publication of the findings from the **My Neuro Survey** Project across England, Scotland, Wales, Northern Ireland and the Irish Republic represented the largest partnership research initiative undertaken to date by NAI, with more than 860 responses from people living with neurological conditions in the Republic of Ireland alone. Participation in this collective initiative delivered clear tangible benefits for members with NAI providing bespoke reports tailored to ten individual neurological conditions. The launch of the summary report of the findings "The Right Care in the Right Place" in June 2025 coincided with the launch of the NAI pre budget submission and provided a valuable evidence tool for NAI and individual members campaigning to address regional inequity in access to neurological care across the country.

NAI members were also provided with the opportunity to engage in a further large scale research initiative in 2025 with the launch of the **Neurology Insights** project in the second half of the year, a nationwide project which will bring lived experience perspectives together with a nationwide survey of neurology services and clinical insight interviews in a comprehensive examination of neurology service provision across Ireland which will be published in 2026.

Looking ahead, Ireland's Presidency of the European Union in the second half of 2026 presents a significant opportunity for members to work together in shaping collective advocacy priorities. Preparatory work for this programme commenced during 2025, reinforcing NAI's commitment to ensuring that the voice of the neurological community is represented at national and European levels.

Through bi-monthly Member Briefings, comprehensive e-zines, and regular opportunities for engagement, NAI remains committed to maintaining strong two-way communication with its member organisations. By listening to and working alongside its members, NAI continues to strengthen the network as a collective force that supports, promotes, and advances the work of organisations across the neurological community.

The success of NAI in delivering for its membership was highlighted in the findings from the 2025 members survey which indicated a positive experience of NAI efficacy, value for money and member engagement

MY NEURO SURVEY REPORT LAUNCH AND FACTSHEETS

In 2024, NAI partnered with Neurological Alliances in England, Scotland, Wales and Northern Ireland in the **My Neuro Survey** project. The initiative represents the largest pan neurological survey across the jurisdictions and ran from July to November 2024. With the support of NAI members promoting the survey within their own networks, over 860 responses were generated in the Republic of Ireland with NAI providing bespoke survey findings across ten individual neurological conditions to

In June 2025, to coincide with the launch of our Pre Budget Submission, we published a summary of key findings from the My Neuro Survey Project.



Our report, **The Right Care in the Right Place** focused on access to and waiting times for key neurological care services across the country: highlighting stark regional disparities and gaps in access to care.



Findings from the My Neuro Survey Project: Carers

Carers are crucial to the lives of those with neurological conditions. Caring is a substantial and ongoing commitment which affects many aspects of carers' lives. With most carers being a family member – a parent/guardian (41%) or spouse/partner (40%) – caring can bring with it its own set of challenges and experiences.

MY LIFE WITH MY NEUROLOGICAL CONDITION

Only half (51%) of carers reported that they could manage their own day-to-day life with a third of carers reporting that they struggled to balance personal and caregiving responsibilities.

MY NEUROLOGICAL CONDITION

93% of carers reported that a lack of access to healthcare professionals affected their ability to provide care while 79% of carers reported that a lack of knowledge or training was significant barrier.

MY LIFE WITH MY NEUROLOGICAL CONDITION

Over half (52%) of carers reported working full time was another barrier with 53% of carers indicating that financial constraints also impacted their caregiving experience.

MY NEUROLOGICAL CONDITION

Only 19% of carers reported feeling supported in their caregiving role with the majority (73%) being unable to access mental health and wellbeing support or respite care (53%).

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Findings from the My Neuro Survey Project: Mental Health

Neurological conditions greatly affect mood and mental health with 84% of adult respondents reporting that their neurological condition(s) impacted their mood or mental health in some way. 1 in 3 of the adults surveyed reporting having a diagnosed mental health condition.

MY LIFE WITH MY NEUROLOGICAL CONDITION

49% of adults reported having someone to talk to about their mental health and mood. However, 26% of adults reported that they did not feel comfortable bringing up their mental health with their healthcare professional.

MY NEUROLOGICAL CONDITION

Of those who access mental healthcare services, half responded that it did not meet their needs. This was more prevalent amongst those with multiple neurological conditions (58%) compared to those with only one neurological condition (40%).

MY LIFE WITH MY NEUROLOGICAL CONDITION

Respondents from lower-income households experienced a greater impact of their neurological condition(s) on their mood and mental health.

MY NEUROLOGICAL CONDITION

Over half of the adults surveyed reported that counselling was helpful to them. However, 16% agreed, 41% reported having been unable to access counselling services.

MY NEUROLOGICAL CONDITION

Of those who access counselling services, 66% responded that it met their needs. 58% of this group reported also feeling confident and capable in their daily life or only sometimes finding day-to-day life challenging.

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Findings from the My Neuro Survey Project: Employment

Neurological Conditions can impact a person's daily life, particularly in the context of work and employment. Almost half (43%) of respondents reported having stopped working due to their neurological condition, with others reporting having difficulties at work.

MY LIFE WITH MY NEUROLOGICAL CONDITION

Amongst those respondents who stopped working due to their neurological condition, they were most impacted by fatigue, sleep difficulties and thinking and memory difficulties. Only a quarter of those with sleep difficulties and/or thinking and memory difficulties remained in work.

MY LIFE WITH MY NEUROLOGICAL CONDITION

1 in 5 respondents reported leaving their job because of their employer's actions or inactions with over 27% of respondents reporting having experienced discrimination at work due to their neurological condition(s).

MY LIFE WITH MY NEUROLOGICAL CONDITION

Over half (58%) of the parents of those with neurological condition(s) reported reducing their work hours or taking time off entirely due to the responsibilities of caregiving. Working full time was reported by 53% of carers as a significant barrier to providing care.

MY NEUROLOGICAL CONDITION

Both those with a neurological condition and carers reported that reducing work hours or stopping work placed considerable financial pressure on them with 1 in 5 reporting that it significantly affected their ability to manage financially.

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PREPARATIONS FOR IRELAND'S EU COUNCIL PRESIDENCY 2026

Throughout 2025, NAI undertook extensive preparations for Ireland's forthcoming Presidency of the Council of the European Union, which will take place from July to December 2026. This work included a review of relevant European legislation and policy initiatives relating to neurological health, a programme of planning and engagement with Irish and European stakeholders, and comprehensive consultation with NAI member organisations.

These consultations and engagements informed NAI's response to the Department of Foreign Affairs' call for submissions on priorities for the Irish Presidency, launched in late 2025. The submission was developed through engagement with NAI member organisations and was strongly informed by the findings and lived experience captured through the My Neuro Survey Project, published in 2025.

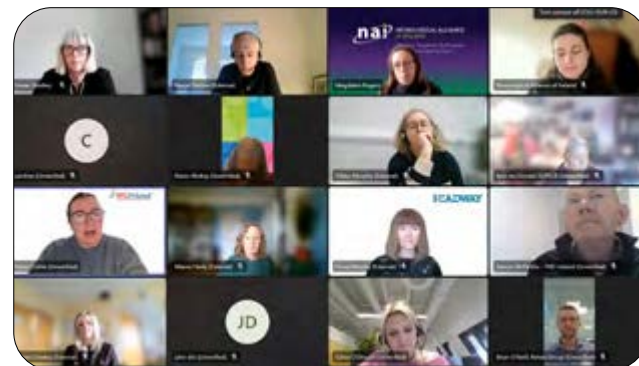
Ireland's EU Council Presidency presents a significant opportunity to raise the profile of neurological conditions at both national and European level. NAI looks forward to delivering an ambitious programme of work in 2026, both in the lead-up to and throughout Ireland's Presidency, to advance neurological health as a policy priority.



SECTION 1: DELIVERY ON STRATEGIC GOALS

STRATEGIC GOAL 3: ORGANISATIONAL DEVELOPMENT, GOVERNANCE, RISK AND SUSTAINABILITY

Throughout 2025, the Neurological Alliance of Ireland (NAI) continued to strengthen its organisational development, governance, risk management and long-term sustainability through a comprehensive programme of strategic oversight, robust governance practices and forward planning. A key priority for the Board and Executive was the ongoing monitoring and delivery of the organisation's 2023–2027 Strategic Plan, ensuring that strategic objectives remained on track and that progress was regularly reviewed against agreed priorities. This process enabled the organisation to respond proactively to emerging opportunities and challenges while maintaining a strong focus on delivering meaningful outcomes for people living with neurological conditions and NAI's member organisations. Throughout the year, NAI remained committed to the principles of the Governance Code for Community, Voluntary and Charitable Organisations, ensuring that governance standards continued to be embedded across all aspects of the organisation's work. Following the Annual General Meeting in November 2024, which saw a significant intake of new Board members, considerable emphasis was placed on Board development through a structured programme of induction, briefing sessions and ongoing support to ensure all directors were fully informed of their governance responsibilities and the strategic priorities of the organisation.



During 2025, six comprehensive Board meetings were held alongside bi-monthly meetings of the Board Officers, providing regular opportunities for oversight of organisational performance, financial management, strategic decision-making and risk. The Board further strengthened its governance role through the implementation of a dedicated annual work programme, which established a structured schedule for the review and updating of key organisational policies, governance procedures and compliance requirements, ensuring that NAI maintained best practice across all areas of operation. Financial governance also remained a significant priority.

The Board oversaw a comprehensive external audit, with the Treasurer, Board and senior management meeting with the external auditors in April to examine the audit findings in detail, review recommendations and ensure that appropriate actions were taken to strengthen financial oversight and internal controls where required. Recognising the importance of long-term organisational resilience, the Board devoted significant attention during the year to sustainability planning. A dedicated Board workshop explored the strategic challenges and opportunities relating to financial sustainability, supported by detailed preparatory work undertaken by the Treasurer and Chief Executive Officer. This included a comprehensive scoping review



of existing income streams alongside an assessment of potential future funding opportunities and proactive measures to diversify the organisation's funding base, reducing reliance on any single source of income and strengthening financial resilience for the future.

One of the most significant organisational development initiatives undertaken during 2025 was the extensive work involved in preparing NAI's application for core funding under the Scheme to Support National Organisations (SSNO). This represented a substantial organisational investment involving detailed planning, evidence gathering and organisational review to demonstrate NAI's governance, impact, financial management and strategic capacity. Securing sustainable core funding was identified as a critical strategic priority for the organisation and the successful completion of this comprehensive application positioned NAI strongly to enhance its long-term sustainability, organisational capacity and ability to deliver on its strategic objectives in the years ahead.

In November 2025, NAI held the first meeting of its Industry Reference Group, to provide a structured mechanism for engagement between NAI and industry stakeholders to inform, support and enhance the implementation of the NAI workplan and strategic objectives.



SECTION 2: GOVERNANCE

Overview of NAI governance

As an umbrella organisation, it is particularly important that the Neurological Alliance of Ireland acts as a positive example in all aspects of governance.

- Our Board first signed off on our compliance with the Charities Governance Code in 2019 and now approves it on an annual basis
- Our Board of Directors meets five times per year
- Our Officers Committee, which has responsibility for Financial Oversight, Governance and Risk and Legal and Compliance Obligations meets at least five times a year
- We undergo an independent annual financial audit and provide up to date comprehensive reports in line with requirements from our funders
- We maintain a risk register which is reviewed annually
- We have a comprehensive Strategic Plan which sets out clear priorities for the organisation
- The Governance Compliance form for the Governance Code is reviewed by the Board on an annual basis
- We are compliant with all relevant legislation including the Charities Act 2009, the Companies Act 2014, the Lobbying Act 2015, GDPR and employment and equality legislation
- We have an annual workplan in place to guide the work of the Board and review and update our policies and procedures within the organisation.

NAI Board Members

Chair: Pascal Derrien
(Migraine Association of Ireland)

Vice Chair: Alison Cotter
(MS Ireland)

Board Members

Eamonn McPartlin: Lived Experience Representative

Brian O'Neill: The Rehab Group

John Inocentes: Dublin Neurological Institute

Sinéad Crawley: Acquired Brain Injury Ireland

Fiona Murphy: Headway

Annelle Marynowski: Enable Ireland

Shane Tyrell: External Board Member

Edina O'Driscoll: External Board Member

Roisin Molloy: External Board Member

Our warm acknowledgement to Board Members Tara Smith of Epilepsy Ireland and Gillian Murphy of Enable Ireland who stepped down in 2025.

NAI Staff Members

Magdalen Rogers: Chief Executive Officer of NAI

Sinéad Bradley: Communications Officer

Ciana O' Sullivan: Advocacy Officer

Our warm thanks to Ciana O'Sullivan for her dedicated service with NAI in 2025, commencing as Advocacy and Policy Intern and then moving on to this staff role within NAI. Throughout her time with the organisation, Ciana made a valuable contribution to our advocacy and policy work, establishing positive relationships with members and stakeholders and bringing commitment and dedication to the role. We are grateful for her contribution and wish her every success in the future.

Acknowledgements for Funding

We would like to thank our funders without whose support we would not have been able to carry out our activities and sustain the work we do.



SECTION 3: FINANCIAL REVIEW 2025

Financial Review 2025

The Neurological Alliance of Ireland (NAI) maintained a sound financial position during 2025, supporting the delivery of an extensive programme of advocacy, research, communications and member engagement activity. The audited financial statements for the year ended 31 December 2025 show a surplus of €5,819, compared with a deficit of €4,828 in 2024. This surplus was transferred to the organisation's reserves.

Total income for 2025 was €189,542, compared with €228,188 in 2024.

Total expenditure was €183,723, compared with €233,016 in 2024. Expenditure reflected the costs of delivering NAI's programme of work and included staffing, communications and research, professional services, conferences and other organisational costs. Staff costs amounted to €104,096, while €45,092 was spent on communication support, research and videography.

The organisation ended the year with net assets of €130,484, an increase from €124,665 at the end of 2024. Cash and cash equivalents at year end were €135,663, compared with €134,459 in 2024. Current liabilities increased to €21,560, principally reflecting deferred income and other amounts falling due within one year.

The Board continues to maintain a prudent reserves policy. The policy recognises the importance of financial resilience given NAI's reliance on grant funding and the need to ensure continuity of its national advocacy and support for member organisations. The Board is also committed to diversifying income, with a target of securing at least 20% of annual funding from sources other than public funds.

Financial management and sustainability remained an important focus for the Board during 2025. NAI continued to monitor expenditure against budgets and projections while progressing the diversification of its funding base. The Directors have identified sustainable funding and increasing compliance requirements as key organisational risks and continue to monitor these through financial planning, budgeting and appropriate internal controls.

The independent auditors, McCloskey & Co, gave an unqualified audit opinion, confirming that the financial statements give a true and fair view of NAI's financial position and have been prepared in accordance with FRS 102 and the Companies Act 2014. The auditors also concluded that the use of the going concern basis was appropriate and identified no material uncertainty regarding NAI's ability to continue operating for at least twelve months from the date the accounts were authorised.

Overall, the 2025 accounts demonstrate that NAI continued to manage its resources prudently while maintaining a strong level of activity in pursuit of its strategic objectives and its mission.

INCOME AND EXPENDITURE ACCOUNT

Financial Year ended 31st December 2025

	2025	2024
	€	€
Turnover	<u>189,542</u>	228,188
Gross surplus	<u>189,542</u>	228,188
Expenditure	<u>(183,723)</u>	(233,016)
Operating surplus/(deficit)	<u>5,819</u>	4,828
Surplus/(deficit) before taxation	<u>5,819</u>	(4,828)
Tax on surplus/(deficit)	-	-
Surplus/(deficit) for the financial year	<u><u>5,819</u></u>	<u>(4,828)</u>

All the activities of the company are from continuing operations.

The company has no other recognised items of income and expenses other than the results for the financial year as set out above.

BALANCE SHEET

As at 31st December 2025

	2025	2024
	€	€
Fixed assets		
Tangible assets	<u>365</u>	<u>505</u>
	365	505
Current assets		
Debtors	<u>16,016</u>	1,504
Cash at bank and in hand	<u>135,663</u>	<u>134,459</u>
	<u>151,679</u>	135,963
Creditors: amounts falling due within one year	<u>(21,560)</u>	<u>(11,803)</u>
Net current assets	<u>130,119</u>	<u>124,160</u>
Total assets less current liabilities	<u>130,484</u>	124,665
Net assets	<u>130,484</u>	<u>124,665</u>
Capital and reserves		
General funds	<u>130,484</u>	<u>124,665</u>
Members funds	<u>130,484</u>	<u>124,665</u>

2025 A BUSY YEAR FOR OUR MEMBERS



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